
WIT & WISDOM PARENT TIP SHEET

WHAT IS MY GRADE 2 STUDENT LEARNING IN MODULE 4?

Wit & Wisdom is our English curriculum. It builds knowledge of key topics in history, science, and literature through the study of excellent texts. By reading and responding to stories and nonfiction texts, we will build knowledge of the following topics:

Module 1: A Season of Change

Module 2: The American West

Module 3: Civil Rights Heroes

Module 4: Good Eating

In Module 4, *Good Eating*, we will study the digestive system and the importance of healthy food choices. By analyzing texts and art, students answer the question: *How does food nourish us?*

OUR CLASS WILL READ THESE BOOKS

Picture Books (Informational)

- *The Digestive System*, Christine Taylor-Butler
- *The Digestive System*, Jennifer Prior
- *Good Enough to Eat*, Lizzy Rockwell
- *The Vegetables We Eat*, Gail Gibbons

Picture Books (Literary)

- *Bone Button Borscht*, Aubrey Davis
- *Stone Soup*, Marcia Brown

OUR CLASS WILL EXAMINE THESE PAINTINGS:

- *The Beaneater*, Annibale Carracci
- *Cakes*, Wayne Thiebaud
- *Two Cheeseburgers, with Everything (Dual Hamburgers)*, Claes Oldenberg

OUR CLASS WILL READ THESE ARTICLES:

- “Can Milk Make You Happy?” Faith Hickman Byrnie
- “Debate! Should Sugary Drinks Be Taxed?” TIME for Kids

OUR CLASS WILL WATCH THESE VIDEOS:

- “Food and Family,” Nadine Burke
- “Try Something New,” Jamie Oliver
- “Planting Seeds: The White House Garden and a Brooklyn School Farm”
- “Fruit Veggie Swag”

OUR CLASS WILL VISIT THIS WEBSITE:

- “Eating Your A, B, C’s...,” Kids Discover

OUR CLASS WILL ASK THESE QUESTIONS:

- How can food nourish my body?
- How can food nourish a community?
- Where does nourishing food come from?
- How can I choose nourishing foods?

QUESTIONS TO ASK AT HOME:

As you read with your Grade 2 student, ask:

- How does this text build your knowledge of good eating? Share what you know about good eating.

BOOKS TO READ AT HOME:

- *Strega Nona*, Tomie dePaola
- “A Moose Boosh: A Few Choice Words About Food,” Eric-Shabazz Larkin
- *The Seven Silly Eaters*, Mary Ann Hoberman
- *Thunder Cake*, Patricia Polacco
- *Too Many Tamales*, Gary Soto
- *Sopa de Frijoles: Bean Soup**, Jorge Argueta
- *Farmer Will Allen and the Growing Table*, Jacqueline Briggs Martin

- *Your Digestive System*, Rebecca L. Johnson
- *Granny Torrelli Makes Soup*, Sharon Creech
- *The Quest to Digest*, Mary K. Corcoran
- *How Did That Get in My Lunchbox? The Story of Food*, Chris Butterworth
- *Before We Eat: From Farm to Table*, Pat Brisson

*This text is in both English and Spanish.

IDEAS FOR TALKING ABOUT GOOD EATING:

Visit the library together. Ask the librarian to recommend a book on nutrition, or select one of the titles in the list above. Read the text with your Grade 2 student and ask:

- What do you notice and wonder about the foods in this book?
- Would these foods nourish your body? Why or why not?